



AG Trainingen seizoen 25-26

WEEK 46	Maa 10 11					
	Fitness	Camp 1	Camp 2	Camp 3	RL1	RL2
08:00-09:30		U20	U20			
11:00-13:30		WGA	WGA	WGA		
12:00-14:00						
14:00-14:30		U20	U20			
14:30-15:00		U20	U20			
15:00-15:30						
15:30-16:00						
16:00-16:30						
16:30-17:00						
17:00-17:30						
17:30-18:00		U18B		U18	U14A	M12
18:00-18:30		U18B		Spec	U14A	M12
18:30-19:00		U18B		U14B	M14A-16A	M14A-16A
19:00-19:30		AG2	AG3	U14B	M14A-16A	M14A-16A
19:30-20:00		AG2	AG3	U14B	M14A-16A	M14A-16A
20:00-20:30	DSE A	AG2	AG3	M19A		
20:30-21:00	AG2	AG 4	DSE A	DSE B		
21:00-21:30	AG3	&	DSE A	M19A		
21:30-22:00		U21B	DSE A	DSE B		
22:00-22:30						

	Don 13 11					
	Fitness	Camp 1	Camp 2	Camp 3	RL1	RL2
08:00-09:30		U20	U20			
11:00-13:30		WGA	WGA	WGA		
12:00-14:00						
14:00-14:30		U20	U20			
14:30-15:00		U20	U20			
15:00-15:30						
15:30-16:00						
16:00-16:30						
16:30-17:00						
17:00-17:30				M12	U12A	U10A
17:30-18:00		U14B	U16	M12	U12A	U10A
18:00-18:30		U14B	U18	M12	U12A	U10A
18:30-19:00		U14B	U18B	U16B	U12A	U10A
19:00-19:30		MU14	U18B	U16B	M16A	U12ini/C
19:30-20:00		MU14	U18B	U16B	M16A	U12ini/C
20:00-20:30		MU14	AG3	AG2	M16A	U12ini/C
20:30-21:00		DSE A	AG3	AG2	DSE C	DSE B
21:00-21:30		DSE A	AG3	AG2	M19B	M19A
21:30-22:00		DSE A	AG3	AG2	DSE C	DSE B
22:00-22:30						

	Din 11 11					
	Fitness	Camp 1	Camp 2	Camp 3	RL1	RL2
08:00-09:30		U20	U20			
11:00-12:00						
12:00-14:00						
14:00-14:30		U20	U20			
14:30-15:00		U20	U20			
15:00-15:30						
15:30-16:00						
16:00-16:30						
16:30-17:00						
17:00-17:30		U10A		U12B		
17:30-18:00		U10A		U12B		
18:00-18:30		U10A	U12A	U12B		
18:30-19:00		U16A	U12A	U10B		
19:00-19:30		U16A	U12A	U10B		
19:30-20:00		U16A	U12A	U10B		
20:00-20:30		AG2	AG3			
20:30-21:00		AG2	AG3	DSE A		
21:00-21:30		AG2	AG3	DSE A		
21:30-22:00		AG2	AG3	DSE A		
22:00-22:30		AG2	AG3	DSE A		

	Vrij 14 11					
	Fitness	Camp 1	Camp 2	Camp 3	RL1	RL2
08:00-09:30		U20	U20			
11:00-13:30		WGA	WGA	WGA		
12:00-14:00						
14:00-14:30		U20	U20			
14:30-15:00		U20	U20			
15:00-15:30						
15:30-16:00						
16:00-16:30						
16:30-17:00						
17:00-17:30		U10B			U8A	U8B
17:30-18:00		U10B		U14A	U8A	U8B
18:00-18:30	U16A	U10B		U14A	U8A	U8B
18:30-19:00		U16A		U14A	AG 4	M16B
19:00-19:30		U16A			&	M16B
19:30-20:00		U16A			U21B	M16B
20:00-20:30						
20:30-21:00			AG2			
21:00-21:30			comp			
21:30-22:00			Spirou			
22:00-22:30						

	Woe 12 11					
	Fitness	Camp 1	Camp 2	Camp 3	RL1	RL2
08:00-09:30						
11:00-13:30						
13:30-14:00		U10A-B	U10A-B	U12A-B		
14:00-14:30		U10A-B	&	U12A-B		
14:30-15:00		U10A-B	U12A-B	U12A-B		
15:00-15:30		U14A		U16A		
15:30-16:00		U14A		U16A		
16:00-16:30		U14A		U16A		
16:30-17:00						
17:00-17:30						
17:30-18:00						
18:00-18:30						
18:30-19:00						
19:00-19:30					U16B	U18B
19:30-20:00					U16B	U18B
20:00-20:30			AG2		U16B	U18B
20:30-21:00			BvB		AG 4	DSE C
21:00-21:30		Kang Mechelen			&	M19B
21:30-22:00					U21B	DSE C
22:00-22:30						